

A JOURNEY THROUGH TRADITION AND HISTORY

A visit to Aseer offers a captivating blend of nature, culture and agriculture. Slow Food Travel's itinerary takes you through the capital **Abha**, the scenic **Tanomah Mountains** and the fertile areas north of the city. You can explore Aseer's fertile landscapes, with plantations of Raida Bananas, grapes, pomegranates, peaches, and, depending on the season, experience various stages of coffee production—from cherry picking to roasting.

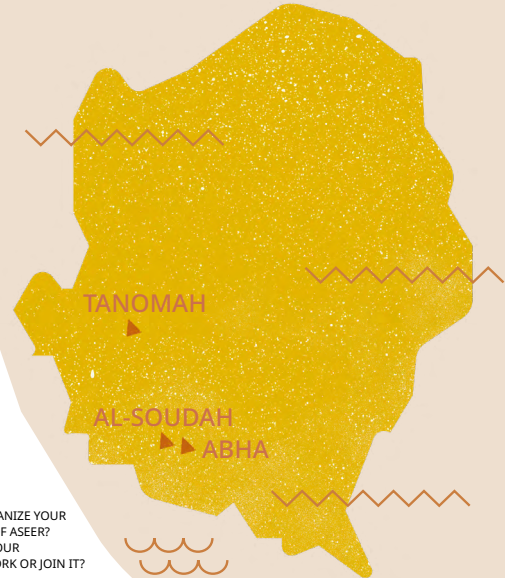
A good, clean, and fair experience to combine the pleasure of food with culture and conviviality.

The culinary experience in Aseer is not only a journey through flavors, but also an immersion in local traditions and culture, making every meal a special moment to share with the locals.

A visit to the Aseer region would not be complete without seeing the **Soudah Mountains**, historically considered one of the most fertile areas of the region due to their mild climate and periodic rainfalls.



هيئة فنون الطهي
Culinary Arts Commission



DO YOU WANT TO ORGANIZE YOUR
TOUR IN THE REGION OF ASEER?
DO YOU WANT TO SEE OUR
STAKEHOLDERS' NETWORK OR JOIN IT?

A S E E R



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